

Massage Add-on Services

Add one or more of these treatments to your massage session for a truly luxurious experience. 24-hour advance notice is required for most.

Dry Brush (full body).....	\$20.00
Hydrotherapy.....	\$20.00
Face cleansed and exfoliated.....	\$20.00
Salt or Sugar Glow (arms & shoulders, or legs, or back).....	\$25.00
Deep Tissue Upgrade (full body).....	\$20.00

Dry Brush

Dry brushing is a topical skin exfoliation using a natural fiber brush, removing the old top layer of dead skin cells, encouraging waste removal and circulation and eliminating clogged pores. The results are softer, smoother, healthier skin. It is recommended to follow dry brushing with hydrotherapy for best results.

Hydrotherapy

Warm moist towels are applied to encourage pores to open, muscles to relax and to remove loosened dead skin cells. And it feels wonderful too!

Face Cleansing

This is a divine treatment to encourage a glowing complexion. After a thorough cleansing, the top layer of dull skin cells are removed using a dermal scrub formulated for the face. A lovely facial massage follows, leaving your skin bright and alive!

Salt or Sugar Glow

Exfoliate and increase circulation with dry brushing followed by heated, moist towel application to remove dull skin cells. Next, our unique brown sugar or dead sea salt scrub exfoliates, moisturizes and smoothes your skin to perfection. We finish this treatment with a massage using rich, luxurious body butter.

Deep Tissue Upgrade

Deep Tissue Massage involves deeper access to muscle tissue in areas of muscular complaints. Your therapist will spend extra time in the area of need with sustained pressure and/or deeper and much slower strokes. Deep Tissue Massage should not be painful. Done properly, Deep Tissue Massage will require patience and skill as the therapist waits for the muscle to "let her in" to the deeper level of tissue.